

# Health and Wellness Program Activities Calendar February 2025

Activities subject to change.  
Contact Beneficiary Services for confirmation.  
1-844-336-3331 (free of charge)  
787-999-4411 TTY (audio-disabled)  
Monday to Friday from 7:00 a.m. at 7:00 p.m.

Event	Date	Time	Place	Description
Depression	2/3/2025	8:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Learn About Alzheimer's Disease	2/3/2025	8:30 AM	8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795	Educational Activity
Flu	2/3/2025	8:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Learn About Alzheimer's Disease	2/3/2025	8:30 AM	8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784	Educational Activity
Depression	2/3/2025	8:45 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity

Event	Date	Time	Place	Description
Prevention of Complications in Pregnancy	2/3/2025	9:00 AM	7644_Concilio de Salud Integral de Loiza en Rio Grande- Ginecología Bo Las Flores Calle Pimentel #16 Rio Grande, 00721	Educational Activity
Depression	2/3/2025	9:30 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Importance of Prenatal Care	2/3/2025	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Flu	2/3/2025	9:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Depression during Pregnancy	2/3/2025	9:30 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity

Event	Date	Time	Place	Description
Breastfeeding	2/3/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Depression	2/3/2025	10:15 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Learn About Alzheimer's Disease	2/3/2025	10:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Depression	2/3/2025	10:30 AM	8817_Centro Salud San Cristobal Juana Diaz- Ginecologia Calle 6 De La Cruz Juana Diaz, 00795	Educational Activity
Congestive Heart Failure (CHF)	2/3/2025	10:30 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity

Event	Date	Time	Place	Description
Prevention of Complications in Pregnancy	2/3/2025	12:00 PM	7625_Costa Este Medical Services Corp CDT Calle Corchado Final Canovanas, 00729	Educational Activity
Managing Emotions	2/4/2025	8:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
Woman Alert	2/4/2025	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity
Take Control of your Depression	2/4/2025	8:30 AM	7625_Costa Este Medical Services Corp Fajardo F 4 Ave Principal Urb Baralt Fajardo, 00738	Educational Activity
Education Table-General Health	2/4/2025	8:45 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Table

Event	Date	Time	Place	Description
Importance of Prenatal Care	2/4/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cidra Calle Francisco Cruz Ahddock 5 Urb Fernandez Cidra, 00739	Educational Activity
Newborn care	2/4/2025	9:30 AM	0008_Aco Del Norte LLC-Dr Jorge Otero Quintana Edif Dr Pedro Blanco Lugo Suite 305 Manati, 00674	Educational Activity
Take Control of your Depression	2/4/2025	9:30 AM	7650_Servicios Medicos Integrados de Fajardo-Baralt 19-25 Ave Baralt Fajardo, 00738	Educational Activity
Breastfeeding	2/4/2025	9:30 AM	OBGYN_Nicolas Malaga Hospital Menonita Oficina 305 Aibonito, 00705	Educational Activity
Prevention of Complications in Pregnancy	2/4/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity

Event	Date	Time	Place	Description
Medication Adherence	2/4/2025	10:30 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity
Birth Attendance Law	2/4/2025	10:40 AM	OBGYN_Dra. Valeria Muñoz Hospital Menonita Calle Jose C Vazquez Aibonito, 00705	Educational Activity
Flu	2/4/2025	11:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
Urgency vs. Emergency	2/5/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Urgency vs. Emergency	2/5/2025	8:30 AM	HOSP_Dr Federico Trillas Dermatologia Carr 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity

Event	Date	Time	Place	Description
Prevention of Complications in Pregnancy	2/5/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Importance of Prenatal Care	2/5/2025	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Urgency vs. Emergency	2/5/2025	9:30 AM	HOSP_Dr Federico Trillas Urologia Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Urgency vs. Emergency	2/5/2025	10:30 AM	8827_De Medicos Primarios Corp Calle Betances 14 Santa Isabel, 00757	Educational Activity
Birth Attendance Law	2/5/2025	10:30 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity



Event	Date	Time	Place	Description
Woman Alert	2/6/2025	8:30 AM	8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784	Educational Activity
Depression during Pregnancy	2/6/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba- Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity
Diabetes and its Complications	2/6/2025	8:30 AM	7611_Medicos Aliados del Noreste-Dr Jose Peña Figueroa Centro Clinico del Yunque Calle 4 K 2 Villas del Rio Grande Rio Grande, 00721	Educational Activity
Congestive Heart Failure (CHF)	2/6/2025	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity
Preeclampsia	2/6/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity

Event	Date	Time	Place	Description
Flu	2/6/2025	9:30 AM	MH_Clinica Multidisciplinaria INSPIRA Rio Grande Las Flores Industrial Park Carr 3 Km 23 Hm9 Rio Grande, 00721	Educational Activity
Medication Adherence	2/6/2025	10:30 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity
Learn About Alzheimer's Disease	2/6/2025	10:30 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity
Diabetes and its Complications	2/7/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Newborn care	2/7/2025	10:00 AM	0008_Aco Del Norte LCC-Dr Luis Mateo Paseo Atenas Manati, 00674	Educational Activity

Event	Date	Time	Place	Description
Urgency vs. Emergency	2/10/2025	8:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
What is Diabetes?	2/10/2025	9:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc San Juan Calle San Caludio San Juan, 00902	Educational Activity
Prevention of Complications in Pregnancy	2/10/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Depression during Pregnancy	2/10/2025	9:00 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity
Importance of Prenatal Care	2/10/2025	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity

Event	Date	Time	Place	Description
Birth Attendance Law	2/10/2025	9:30 AM	OBGYN_Dra Anabelle Ortiz Carr 14 Hospital San Lucas Ponce, 00716	Educational Activity
Flu	2/10/2025	10:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc San Juan Calle San Caludio San Juan, 00902	Educational Activity
Importance of Prenatal Care	2/10/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Newborn care	2/10/2025	10:00 AM	OBGYN-Dr. Osvaldo B. Quiles Giovannetti Condominio Medical Center Plaza 740 Ave Hostos Mayaguez, 00680	Educational Activity
Get Active and Move	2/10/2025	10:30 AM	3406_Policlinicas Medicas Asociadas Las Americas Boulevard Luis A Ferre Suite 101 Plazoleta Las Americas Ponce, 00716	Educational Activity

Event	Date	Time	Place	Description
Education Table-General Health	2/10/2025	11:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc San Juan Calle San Caludio San Juan, 00902	Educational Table
Prevention of Complications in Pregnancy	2/10/2025	1:30 PM	OBGYN_Dr Efrain Vazquez Luna Pavía Medical Plaza 611 Calle Pavía Fernández Suite 205 Santurce San Juan, 00902	Educational Activity
Learn About Alzheimer's Disease	2/11/2025	8:30 AM	8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795	Educational Activity
Depression during Pregnancy	2/11/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cidra Calle Francisco Cruz Ahddock 5 Urb Fernandez Cidra, 00739	Educational Activity
Depression during Pregnancy	2/11/2025	9:30 AM	8810_Centro de Servicios Primarios de Salud, Patillas-Área de Obstetricia y Ginecología 99 Calle Guillermo Riefkol Patillas, 00723	Educational Activity

Event	Date	Time	Place	Description
Breastfeeding	2/11/2025	10:00 AM	OBGYN_Dra. Valeria Muñoz Hospital Menonita Calle Jose C Vazquez Aibonito, 00705	Educational Activity
Prevention of Complications in Pregnancy	2/11/2025	10:30 AM	OBGYN_Dr Jose Flores Caban San Juan Torre Medica Auxilio Mutuo Suite 710 735 Ave Ponce De Leon San Juan, 00902	Educational Activity
Congestive Heart Failure (CHF)	2/11/2025	10:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Congestive Heart Failure (CHF)	2/12/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Importance of Prenatal Care	2/12/2025	9:00 AM	OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784	Educational Activity

Event	Date	Time	Place	Description
Importance of Prenatal Care	2/12/2025	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Prevention of Complications in Pregnancy	2/12/2025	10:00 AM	7629_Family Medicine Group-Dr Herminio Olivero National Plaza Suite 1503 San Juan, 00902	Educational Activity
Breastfeeding	2/12/2025	10:00 AM	OBGYN_Mogic Manati MMC Professional Building Plaza Suite 206 207 Manati, 00674	Educational Activity
Learn About Alzheimer's Disease	2/12/2025	10:30 AM	8809_Southern Health Care Group Inc MultiCare Center 50 Calle Jose Quinton Coamo, 00769	Educational Activity
Nutrition in Pregnancy	2/12/2025	11:30 AM	0008_Aco Del Norte LCC-Dr Luis Mateo Paseo Atenas Manati, 00674	Educational Activity

Event	Date	Time	Place	Description
Importance of Prenatal Care	2/12/2025	11:30 AM	OBGYN_Dr Juan Tosado Guayama Hospital Menonita Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Depression during Pregnancy	2/12/2025	1:00 PM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Preeclampsia	2/13/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba- Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity
Gestational Diabetes	2/13/2025	9:00 AM	8831_Salud Integral en la Montaña Inc Orocovis Ginecologia Ave Luis Muñoz Marin Sector El Desvio Carr 155 (b) Orocovis, 00720	Educational Activity
Prevention of Complications in Pregnancy	2/13/2025	9:30 AM	7650_Servicios Medicos Integrados de Fajardo-Dr Carlos Pacheco Imbert Ave Osvaldo Molina Esq General Valero (b) Fajardo, 00738	Educational Activity



Event	Date	Time	Place	Description
Breastfeeding	2/13/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Prevention of Complications in Pregnancy	2/18/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Prevention of Respiratory Diseases in Infants	2/18/2025	9:30 AM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Prevention of Respiratory Diseases in Infants	2/18/2025	10:00 AM	OBGYN_Dra. Valeria Muñoz Hospital Menonita Calle Jose C Vazquez Aibonito, 00705	Educational Activity
Importance of Prenatal Care	2/19/2025	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity

Event	Date	Time	Place	Description
Depression during Pregnancy	2/19/2025	10:00 AM	4344_Access Medical Group- Dr Jesus Seda Bayamon Medical Plaza Suite 508 Bayamon, 00956	Educational Activity
Newborn care	2/19/2025	10:00 AM	OBGYN_Mogic Manati MMC Professional Building Plaza Suite 206 207 Manati, 00674	Educational Activity
Prevention of Respiratory Diseases in Infants	2/19/2025	10:00 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Nutrition in Pregnancy	2/19/2025	11:30 AM	OBGYN_Metropolitan Bayamon Calle I 49 Hermanos Davil Bayamon, 00956	Educational Activity
Preeclampsia	2/20/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba- Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity

Event	Date	Time	Place	Description
Congestive Heart Failure (CHF)	2/20/2025	8:45 AM	MH_Clinica Multidisciplinaria INSPIRA Yauco Calle Comercio 55 Yauco, 00698	Educational Activity
Prevention of Complications in Pregnancy	2/20/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Importance of Prenatal Care	2/20/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Learn About Alzheimer's Disease	2/20/2025	10:30 AM	3406_Policlinicas Medicas Asociadas Yauco Calle Comercio 61 Yauco, 00698	Educational Activity
Breastfeeding	2/24/2025	9:00 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity

Event	Date	Time	Place	Description
Gestational Diabetes	2/24/2025	9:30 AM	OBGYN_Judibelle Rivera 33 Calle Baldorioty Coamo, 00769	Educational Activity
Depression during Pregnancy	2/24/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Prevention of Complications in Pregnancy	2/24/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Importance of Prenatal Care	2/25/2025	8:30 AM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Gestational Diabetes	2/25/2025	9:30 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity

Event	Date	Time	Place	Description
Importance of Prenatal Care	2/25/2025	10:45 AM	8810_Centro de Servicios Primarios de Salud, Patillas-Área de Obstetricia y Ginecología 99 Calle Guillermo Riefkol Patillas, 00723	Educational Activity
Prevention of Complications in Pregnancy	2/26/2025	9:00 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Birth Attendance Law	2/26/2025	9:30 AM	OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784	Educational Activity
Preeclampsia	2/26/2025	10:00 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Breastfeeding	2/27/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba-Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity

Event	Date	Time	Place	Description
Breastfeeding	2/27/2025	9:30 AM	8831_Salud Integral en la Montaña Inc Orocovis Ginecologia Ave Luis Muñoz Marin Sector El Desvio Carr 155 (b) Orocovis, 00720	Educational Activity
Newborn care	2/27/2025	9:30 AM	OBGYN_Mogic Hatillo Edif Atlantic View Carr 2 Marginal Bo Carrizales 462 Suite 1 Hatillo, 00659	Educational Activity